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Surrendering in this sense is an empowering experience that leads to a joyful, peaceful, responsible life. Surrender allows us to stop clenching, to let go of self-doubt, and to stop holding back from our potential for fulfillment and purpose. The Ecstasy of Surrender deserves to be studied by every serious student of recovery from addiction.

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## The Power of Surrender Description - Judith Orloff MD

The Power of Surrendering: Let Go of Control to Be Peaceful and Free By Mary Thompson “The reality is that tomorrow is most certainly uncertain and no matter how many expectations we form, tomorrow will come,

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tomorrow will go, and it will be what it will be.” ~Lori Deschene

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In The Power of Surrender learning to let go of our need to control difficult people, win arguments, or be in charge changes the way people relate to us. Instead of arguing, pushing back, or escalating the conflict with a rageaholic or passive-aggressive person, we can let go of the tension we feel.

## 4 Ways Surrendering Control Makes Us More Successful ...

The Power of a Surrendered Life (Psalm 62:11) “Power belongs to God.” There is only one condition God requires from us to receive His Power. That condition is absolute surrender to



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Imagine everything.

## Relationships Success And

### The Power of a Surrendered Life

Surrender is the divine art of letting go—the ability to flow instead of clenching, obsessing, and over-controlling. Use these 52 cards by Dr. Judith Orloff as an oracle to empower your choices. By consulting this deck and the companion instruction booklet, you'll be able to choose the most positive outcome in any situation.

### The Power of Surrender Cards: A 52-Card Deck to Transform ...

The Power of Mindfully Letting Go By Audra McClelland | Submitted On January 17, 2016 A phrase caught my ear the other day and made me giggle: “Some people learn to surrender when they travel to India because many things don't work as they should

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The Power Of Surrender: Just as the miracle of nature effortlessly produces the beauty of it's surroundings, you have been provided with and hold the power to effortlessly attract and create YOUR desired miracles in each and every area of your life if only you will trust, surrender and "allow"

## The Power Of Surrender - Abundance And Happiness

Surrender = Complete acceptance of what is + Faith that all is well, even without my input. It's not about inaction. It's about taking action from that place of surrender energy. If letting go of control and surrendering not only feel better, but actually

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produce better results, then how do we do that?

## Let Go of Control: How to Learn the Art of Surrender

Surrendering in this sense is an empowering experience that leads to a joyful, peaceful, responsible life.

Surrender allows us to stop clenching, to let go of self-doubt, and to stop holding back from our potential for fulfillment and purpose. The Ecstasy of Surrender deserves to be studied by every serious student of recovery from addiction.

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Surrender isn't about withdrawing from life, nor is it about surrendering your power to make choices and take action to change and improve your

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present situation. It is about letting go of the things ?outside of your control. Accepting the present moment circumstances and harmonizing in the present.

## Spiritual Surrender - 7 Steps to Tap Into The Power of ...

The power of surrender is this: you do not have to move mountains; you simply have to listen. You simply have to take slow and steady steps forward and let the universe do its half. By letting go, we leave space to let a little more flow naturally make its way in – and believe this; the universe has enough flow to go around.

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