

Dance Anatomy And Kinesiology

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Dance Anatomy and Kinesiology: Amazon.co.uk: Karen Sue ...

This is a course text for dance teachers and students, as well as a reference for dance professionals. It covers the basic anatomical and biomechanical principles that apply to optimal performance in dance. It is a highly visual text with outstanding anatomical illustrations and action photos.

Dance Anatomy and Kinesiology: Amazon.co.uk: Clippinger ...

The first edition of Dance Anatomy and Kinesiology was hailed by reviewers as [most likely to become the definitive text in dance anatomy, kinesiology, and conditioning classes] (Journal of Dance Medicine and Science); [a must for any dance teacher who is serious about helping their students] (Australia Dance Teacher Magazine); and [the most substantive dance science resource to date] (Journal of Dance Education).

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Dance Anatomy and Kinesiology offers valuable scientific knowledge and understanding for dancers, helping them to blend anatomical and kinesiological principles with artistic expression. Such a blend of science and art will empower dancers to realize their potential and expand their artistic vision.

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Dance Anatomy and Kinesiology Principles and exercises for improving technique and avoiding common injuries 0 2nd Edition with web resources (2016) This visually rich text is a valuable resource for learning key bones, joints, muscles and movement analysis.

Karen Clippinger Education

Karen Clippinger's first edition of Dance Anatomy and Kinesiology was hailed as the definitive text on the topic. This new edition builds on that success by retaining its scientific perspective while making the material more accessible to students and teachers.

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Binita's explorations of body mind brain integration began initially through dance, as a Kathak practitioner. She followed this by engaging in the study of Kinesiology to learn practical skill and knowledge of working with the body, which also helped her recover from injuries suffered in a car crash.

Binita Sama-Zakaria - Clerkenwell Islington Clinics

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